

HORARIOS DEL CENTRO JULIO 09

LUNES	MARTES	MIÉRCOLES	JUEVES
10.00 a 11.00 Yoga		10.00 a 11.00 Yoga	
18.15 a 19.15 Pilates	18.15 a 19.15 Pilates	18.15 a 19.15 Pilates	18.15 a 19.15 Pilates
19.30 a 20.30 Yoga	19.30 a 20.30 Yoga	19.30 a 20.30 Yoga	19.30 a 20.30 Yoga
20.30 Meditación	20.30 a 21.30 Yoga	20.30 a 21.30 Yoga	20.30 a 21.30 Yoga

Narada Yoga & Ayurveda, C/ Jeroni Alemany, 24 bj 07011 Palma. Telf: 971 288 724 / 667 885 152. www.naradayoga.org



HORARIOS DEL CENTRO AGOSTO 09

LUNES	MARTES	MIÉRCOLES	JUEVES
19.30 a 20.30 Yoga	19.30 a 20.30 Yoga	19.30 a 20.30 Yoga	19.30 a 20.30 Yoga
20.30 a 21.30 Yoga	20.30 a 21.30 Yoga	20.30 a 21.30 Yoga	20.30 a 21.30 Yoga

Narada Yoga & Ayurveda, C/ Jeroni Alemany, 24 bj 07011 Palma. Telf: 971 288 724 / 667 885 152. www.naradayoga.org



HORARIOS DEL CENTRO SEPTIEMBRE 09

LUNES	MARTES	MIÉRCOLES	JUEVES
9.30 a 10.30 Yoga	9.30 a 10.30 Pilates	9.30 a 10.30 Yoga	9.30 a 10.30 Pilates
18.15 a 19.15 Pilates	18.15 a 19.15 Pilates	18.15 a 19.15 Pilates	18.15 a 19.15 Pilates
19.30 a 20.30 Yoga	19.30 a 20.30 Yoga	19.30 a 20.30 Yoga	19.30 a 20.30 Yoga
20.30 Meditación	20.30 a 21.30 Yoga	20.30 Meditación	20.30 a 21.30 Yoga

Narada Yoga & Ayurveda, C/ Jeroni Alemany, 24 bj 07011 Palma. Telf: 971 288 724 / 667 885 152. www.naradayoga.org

